



The Southern NH Skating Club

P.O. Box 4478, Manchester, New Hampshire 03108

www.snhsc.com / 603-485-6144

Ice Rules

- A maximum of 22 contract/walk-on skaters will be permitted on the ice during a session. Priority will be given to SNHSC Club members.
- Keep Moving. If you are not moving, your back should be touching the boards.
- Get up immediately after a fall. Laying on the ice is not allowed, unless directed to do so by your coach.
- Be aware of your surroundings.. Look both ways before leaving the boards!
- Do not sit or climb on the boards. Please use the penalty boxes or leave the ice if you need to sit.
- Only skaters, monitors, and coaches are allowed in the hockey box, music box, or the door areas during club sessions. Skaters, if you must speak with your parents or a visitor during a session, please do so off the ice and away from the door.
- Your ice time is the wrong time to have conversations with your skating friends. If you must talk for extended periods (more than 30 seconds), please do so off the ice.
- Please show consideration towards the ice monitors, desk staff and all around you. They are volunteers and therefore must be treated with respect and courtesy regardless of the situation. “Please” and “Thank you” always go a long way!
- Be aware of your language and your actions. Swearing, yelling, or kicking the ice are not allowed, BUT excitement, kind words, and support are always allowed! Always respect the self esteem of those sharing the ice with you.
- Program music will be played in the order in which they are turned in to the monitor. The monitor will indicate who is up to skate their program. If time allows, a program may be played a second time.
- A coach may request that a student’s music be played out of order one time during that student’s lesson. This rule does not apply if there are no others waiting to perform their program.
- The following priority will be followed regarding right of way:
 - Skaters performing their program (including ice dances)
 - Skaters in a lesson with a coach
 - All other skaters
- No more than one similar pair or two solo dancers can skate side-by-side at a time. NO shadow dance clusters of three or four skaters allowed.
- All spins should be practiced in/near the center of the ice. Jumps should be done in the corners when not being performed in a program.



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- Please conduct yourself at all times with courtesy, common sense and respect for others. **The Southern NH Skating Club prides itself on a culture of inclusion, kindness, fairness and consideration for all skaters, parents, coaches and volunteers.** If you are not abiding by the foundational principles of our club's culture, you will be given a warning. If you choose to disregard these principles, you will be asked to leave the ice and will risk being banned from all future SNHSC sessions. This rule applies to all who skate on, volunteer for, or work on our ice.
- Your signature below indicates you agree to and will abide by the rules set forth above. You acknowledge and agree that failure to do so will be grounds for your dismissal from any club sessions and may constitute reason to be banned from all future SNHSC ice session
- This document must be signed and dated by all who use SNHSC ice for the 2019 – 2020 season, including club members, contract skaters, coaches, walk-on skaters and guest coaches.

Signed (Skater) : _____ Date: _____

Signed: (Parent): _____ Date: _____

Signed: (SNHSC Coach) _____ Date: _____

Signed: (Guest Coach): _____ Date: _____